

THE NEUFIT SYSTEM

TURN UP
YOUR POWER



NEUFIT HELPS PEOPLE ACCESS
THE POWER OF THEIR NEUROLOGY
TO HEAL, ADAPT, AND GROW.

Our leading edge techniques and technology will activate your nervous system to work for you. When your neurology works better, your **whole body works better**. This boost gives you the greatest possible opportunity to achieve your highest outcomes in health, fitness, and performance.

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We believe that the most powerful and transformative way to help people recover from pain and injury & optimize performance is to focus on the nervous system.

WHAT IS NEUFIT?

WE WORK WITH:

- ⚡ Athletes who are looking to recover faster from injury or surgery
- ⚡ People suffering from chronic or acute pain
- ⚡ Neurological patients looking to restore lost function
- ⚡ Busy people who want a more efficient, effective, and sustainable approach to fitness

THE NEUFIT SYSTEM

A Neurological Approach for Faster Healing and High Performance

NeuFit uses a patented electrical stimulation device called the NEUBIE. It is an acronym for "NEURO-BIO-ELECTRIC STIMULATOR," and is FDA-cleared.* When the NEUBIE is combined with NeuFit protocols, the system provides for new methods of Neuromuscular Re-education. As we all know, the nervous system controls every muscle movement. If a movement dysfunction is contributing to your pain, keeping you injured, limiting your mobility, or robbing you of performance, then the NeuFit System may be able to help you.

GET FITTER



With NeuFit, one exercise session works your muscles as much as several traditional gym workouts. Your muscles and metabolic rate will adapt accordingly, and your results are dramatically accelerated.

HEAL FASTER



We can find exactly where your weak links are that allowed your body to become compromised in the first place. By improving these areas, the body is supported to maximally engage its healing processes.

PERFORM BETTER



Our system is so stimulating that it causes your whole nervous system to work better. As your bandwidth and processing speeds increase, so too will your strength, speed, and precision of movement.



Technology enhances natural processes, it doesn't replace them. We use technology to help the body become more efficient with its own processes. With the right signals, your body has the opportunity to heal itself from injury, build muscle, and create optimal health.



We provide a safe environment, so you can push beyond your comfort zone. Traditional training and rehabilitation often do not achieve results. We stimulate the body to adapt, so that it can make lasting improvements.